

!= kl/ro

!=! k[i7e"ld

lta| zx/Ls/Of / lhjgZ}flndf cfPsf] cfw'lgsLs/Ofn] zx/L lf]qdf a;f]af; ug]{ dflg;sf] hLjgz}nL c:j:ys/ x'g'sf] ;fy} hf]lvdo'Qm Jojxf/sf] k|rng a9\b} uPsf] 5| . zx/L lf]qsf] lta| ultdf a9\b] hg;+Vof / ;jfl/ ;fwfgx?sf] r+fFn] jftfa/Ofdf k|b'ifg a9\b] 5 / dflg;x?sf] :jf:Yo hf]lvdsf] d'vdf k/]sf] 5 . ;?jf /f]usf] rfFk x'+bfx'+b} g;g){ lb3{ /f]ux?sf] ;d:of al9/x]sf] 5 -#!k|ltzt_ . dWokfg, w'd|kfg / uf+hf r/]zsf] a9\b] ;]jgn] o""af ;d'xx?df dfgl;s /f]usf] ;d:ofx? al9/x]sf] 5 -@)b]lv @%k|ltzt_ . pknAw g]kfn ;/sf/sf] :jf:Yo gLIt d'Vot ufpFdf s]lG>t ePsf] / xfn ;+rfngdf /x]sf zx/L :jf:Yo s]Gb|x?af6 ;+yfut ?kdf ;]jf k|jfxsf] Aoj:Yff ldnfOotf klg zx/L lf]qdf a;f]jf; ug]{ cfd gfu/Lssf k[ys ;d:of tyf cfjZostfnfO ;Daf]wg ug{ oL s]Gb|x? oy]i6 5}gg\ . o; tYonfO cfTd;fy ub{} k|fylds :jf:Yo ;]jf k'ghf{u/Of dxzfxfn] dx, pk / gu/kflnsfx?n] cfkm}n] :ykgf Pj+ ;+rfng ug]{ u/L zx/L :jf:Yo k|a4{g s]G>sf] cjwf/Off ljsl;t u/]sf] 5 .

“zx/L :jf:Yo k|a4{g s]G>” sfo{qmd cf=j= @)&#÷&\$ af6 sf7df8f}+ dxfgu/kflnsf Pj+ a'9flgns07 gu/kflnsf af6 z'?jft ePsf] xf] . “zx/L :jf:Yo k|a4{g s]G>”:ykgf tyf ;+rfngsf nflu “zx/L :jf:Yo k|a4{g s]G> lgb}{lzs” n] dxfgu/kflnsf, pk dxfgu/kflnsf Pj+ gu/kflnsfx? / hg:Jff:Yo sfof{nox?nfO{ ;xof]u k'¥ofpg] 5 . of] lgb}{lzs :yf]lgo ;/sf/sf]nflu Pp6f dfu{ lrq dfq xf], kl/]z, cg'ej, cfjZostf cg'?k o;sf] ;do ;fk]lf kl/dfh{g ;d]t ul/ sfo{fGjo ug{ ;lsg] 5 . t;y{ lgb}{lzsfnfO{ ulx/fO{df a'em|g, hfGg / sfo{fGjodf Nofpg“zx/L :jf:Yo k|j4{g s]Gb|sf] :ykgf tyf ;+rfng lgb}{lzs” ;DalGw cled'lvs/Of sfo{s]dsf] cfaZostf 5 . zx/L :jf:Yo k|j4{g s]Gbn] aflif{s ?kdf cfkm\gf] lf]qsf] :jf:Yosf] l:ytL, vt/fhGo tT]sf] pkl:ylt / To;af6 xg ;Sg] vt/fsf] lg?kg

ug{k5{ / To;}sf] cfwf/df :jf:Yo k|a4{g sfo{s|dsf] of]hgf agfpg' k5{, . s]Gbdf sfo{/t :jf:Yo sfo{stfx?nfO{, dxfdf/ cg';+wfg, ;d'bfo lg?kg, /f]usf] sf/s ;DalGw cg';+wfg / cg';+wfg jf ;d'bfo lg?kgaf6 cfPsf tYosf] cfwf/df k|a4{g sfo{s|dsf] of]hgf agfpg] h:tf laifodf 1fg lzk / cEof;sf] cfaZostf ckl/xfo{ 5 . t;y{ o; gu/klnsfsf] hg :jf:Yo zfvfn] lo laifox?df k|To]s aif{ tflnd ;DalGw sfo{s|dsf] Aoa:yf ug{ h?l/ 5 .

!=@ Tflndsf] ;xeflu

:jf:Yo k|a4{g ;lb\l9s/0f tflnddf @ j6f zxl/ :jf:Yo k|a4{g s]Gb|df sfo{/t :jf:Yo sfo{stfx? / Aoa:yfkg / ;+/lfs ;ldtLsfsf cWolfx? -kalns x]Ny clkM;/x?, PdlalaP; 8fS6/x?, x]Ny cl;;6]G6x?, :6fkm g;{, Nofa 6]lSgl;ogx?, cGo x]Ny kf]:6sf k|dvx?, j8f # sf cWolf, gu/ k|d'v / pk k|d'v_ ;xeflu x'g ePsf] lyof] .

!=# ;do tflnsf

@)&^ c;f]h %, ^, & ut] Tfflnd ;+rfng k'/} ;do (=) b]lv \$=) ah] ;Dd nuff/ # lbg Tfflnd ;+rfng ePsf] lyof] . laxfg (=) ah] lrof / s'lsh\, !@ ah] kmnkMn, !=) b]lv !=) vfhf / #=) ah] lrofsf] Aoa:yf lyof] .

@= tflndsf] p2]Zo

kl/of]hgfsf]] lgDg p2]Zox? lyP .

@=! ;fWf/0f p2]Zo

s]Gbdf sfo{/t :jf:Yo sfo{stfx?df :jf:Yo k|a4{g sfo{s|d of]hgf th{'df ;DalGw cfaZo 1fg, lzk / cEo.;df cleaa[l4 ug]{ .

@=@= lalzl6 p2]Zo

s= zxl/ lf]qdf x'g ;Sg] :jfYo ;d:ofx? / lt ;d:ofx? a9fpg] tTjx?sf] a0f{g ug]{

v= cfwf/e"t :jf:Yo ;]jf pknAw u/fP/ zx/L afl;Gbfsf] :jf:Yodf clea[l4 ug{sf] nflu tof/
kf/]sf] “zx/L :jf:Yo klj4{g s]Gb||sf] :yfkf tyf ;+rfng lgb}{lzs” AofVof / cfaZos
kl/dfh{g ug}{
u=;dbfo lg?kg / cg';+wfgdf Aoaxfl/s 1fg, lzk / cEof;df clea[IB ug]{=
3= cfwf/e"t :jf:Yo ;]jf klxrfg ug]{ / s'g} Ps cfwf/e"t :jf:Yo ;]jfdf sfo{ of]hgf agfpg]
tl/sfdf cEof; u/fpg] .

#= 5nkmnsf / s[ofsnfkx?

sfo{s|d ;+rfng ug{sf] nflu ;a{k|yd a"9flgNfs07 gu/kflnsf k|'d'v ;+u ;dGjo u/] /
sfo{s|dsf] nflu 7fFp, ldtL / ;do lgwf{/Of ul/of] . ;f]lx cg'zf/ hg;jf:yo ;+of]hs >L
ejfgL bxfn;+u e]6/ sfo{s|dsf] af/]df 5nkm eof] / sfo{s|d ;+rfngsf] nflu xn,
k|f]h]S6/ pknAw u/fO{ lbgfsf] nflu cg/f]w ul/of] . hg :jf:Yo dfkm{t sfo{s|dsf
;xeflux?nfO{ hgsfl/ u/fO{of] . lgwf{/t ldtL / ;dodf sfo{s|d z'? ul/of] . tflndsf]
pb\3f6g ;];gdf j8f # sf cWolf, gu/ k|'d'v / pk k|'d'vsf] ;dpkl:ytL lyof] .



#=! tflndsf] laifo a:t' :-

zx/L :jf:Yo klj4{g s]Gb||sf sfo{/t :jf:Yo sfo{stfx?}, gu/ k|d'v / hg :jf:Yo ;+ofs ;+u ;'emfa lno/ tflndsf] laifo a:t' lgwf{/Of ul/Psf] lyof] . tflndsf] laifo a:t' o; k|sf/ lyP .

- zxl/ lf]qdf x'g ;Sg] :jfYo ;d:ofx? / lt ;d:ofx? a9fpg] tTjx?
- :jfYo ;d:ofx?sf] /f]syfdfs] nflu :jf:Yo klj4{g
- “zx/L :jf:Yo klj4{g s]Gb||sf] :yfkgt tyf ;+rfng lgb}{lzsf” AofVof
- “zx/L :jf:Yo klj4{g s]Gb||sf] :yfkgt tyf ;+rfng lgb}{lzsfdf kl/dfh{gsf] cfaZostfdf 5nkmn
- :jf:Yo klj4{gsf lf]qx?
 - Affffa/Of / AolQMut ;/;kmfO{
 - Kff]jifOf
 - lhjgz}ln
- ;dbfo lg?kg / cg';+wfg lawL

- cfwf/e"t :jf:Yo sfo{s|dx?sf]klxrfg / k|fyldstf lgwf{/Of
- sfo{ of]hgf agfpg] tl/sf

#=@ **tflnddf k|of]u ePsf lawL / ;fdflu]** :- laifo a:t' cg'zf/ laleGg tl/sfaf6 tflnd ;+rfng ePsf]lyof] h:df ldgL n]Sr/,a]]g :6f]/ld^a, 5nkmn / k|:t'lts/Of cflb lawL k|of]u ul/Psf] lyP . tflnddf k|f]h]S6/, Nofk6k, kf]:6/,gf]6 slk cflb k|of]u ul/Psf lyP

#=# tflnd ;+rfng

sfo{qmd of]hgf cg';f/g} @)&^.)^.)% ,^,& ut] ;DkGg eof] .

klxnf] lbg -@)&^ c:f]h % ut]

zx/L :jf:Yo k|jb{g ;"b[9Ls/Of sfo{qmd ldt @)&^.)^.)% ut] ;'? ePsf] lyof] . sfo{qmd cf}krfl/s ?kdf !!M#) ah]af6 ;'? ul/Psf] lyof] .h:df zfGtf dfof u'?^n] :jfut tyf sfo{qmdsf] pb]Zo eGg' ePsf] lyof] . a"9fgLns07 gu/kflnsfsf gu/ k|d'v p4j k|;fb v/]n / pk k|d'v /df b]jL /fO{sf] pkl:ylt lyof] . klxnf] lbg cyf{t @)&^ c:f]h % ut] sfo{qmd !!M#) b]lv \$ ah] ;Dd ;Grfng ePsf] lyof] .

- klxnf] ;];g hg:jf:Yo clws[t w|'a s'df/ clwsl/n] zx/L :jf:Yo k|a4{g sfo{lj|w,@)&# ;DaGwL @ 306fsf] ;];g lng' ePsf] lyof] . of] ;];gn] ;xeflux?nfO{ zx/L :jf:Yo k|a4{g sfo{lj|wsf] p2]Zo / o:sf] nflu s]Gb|n] s;l/ / s] s:tf sfo{s|ddf hf]8 lbg] eGg] ;DaGwdf ;xeflux?nfO{ ;+a]bglzn x'g ;xof]u ug]{ 5 .

kmf]6f]

- bf];|f] ;];g ;[i6Lsf cWolf lutf k'gn] laZjAoflk ?kdf / g]kfnfd d[To"sf], ckf+utfsf] / c;dflos d[To"sf] d'Vo lzif{ sf/Of, c:j:y cj:yfsf] vt/fk'Of{ tTj / :jf:Yo k|j4{gsf] wf/Off ;DaGwL k|:t'tL lbg' ePsf] lyof] . :jf:Yo k|jw{gdf

/f]usf] /f]syfd / :jf:Yodf k|j4{g Nofpgsf] nflu laleGg cGt//fli6«o ;Dd]ngx?n] u/]sf d'Vo s[o]fsnfkx?sf] 3f]if0ffx? k|:t't ug{' ePsf] lyof] . h;n] :jf:Yo k|j4{g s]Gb|nfO{ plrt sfo{s|dx?sf] of]hgf tyf ;rfng ug{sf] nflu d2t k'¥ofpg] 5 .



- clGtd jf t];f]];gdf k|f]=8f= aGbgf k|wfgn] g]kfndf affj/OfLo :jf:Yosf] cj:yf / o:n] zx/L lf]qdf :jf:Yodf kg]{ c;/ ;DaGwL k|:t'tL lbg' ePsf] lyof] . zx/x?df affj/OfLo :jf:Yosf] cj:yf n]vfhf]vf ug]{ tl/sfx? / affj/OfLo :jf:Yosf] cj:yfdf k|a4{g ug{sf] nflu s:tf] k|sf/sf] sfo{s|d ug{ ;lsG5 eGg] af/]df k|sfz kfg{' eof] .



bf];|f] lbg

zx/L :jf:Yo ;'b[9Ls/0f sfo{qmd !)M#) ah] ;'? ePsf] lyof] .

- klxf] ;];g zfGtf c:yfgLn] lhjg z}nL cGt/ut kf]jfg / :jf:Yodf k|:t'lt ug'{ ePsf] lyof] . c:j:ys/ vfgf / :jf:Yo ;d:ofsf] af/]df 5nkmn ug{' eof] . ;d'bfo tyf kl/jf/n] ;j:ys/ vfgf s;/ agfpg jf vfg ;lsG5 eGg] af/]df /]rs tl/sfaf6 k|:t'lt lbg' ePsf] lyof] . ;fy} jFxfn] c:j:ys/ / :j:ys/ vfgf af/]df ;d'bfodf sfo{s|d ;+rfng u/]df lhjg z}nLhGo /f]ux?df sld Nofpg ;lsg] ;'emfj lbg' eof] . h:t} d'6' ;DalGw /f]u, An8 k];/, 8foa]l6h\ d]nfO{l6;\, jf]a]l;6L .



- olx ;];gdf zfGtf df of u'?^n] k|ltsn lhjgz}ln / To;af6 x'g ;Sg] :jf:Yo ;d:ofx?sf] af/]df 5nkmnsf] ;];g ;Grfng ug'{ ePsf] lyof] . jxfn] lhjgz}lnhGo :jf:Yo ;d:ofx? Golgs./0f ug{sf] nflu :jf:Yo k|j4{g s]Gb\n] sfo{s|dsf] of]hgf ug{ ;lsg] ;Defjgf cuf]8 ;fg{' ePsf] lyof] . h:t} ;'lt{ ;]jg, cNsf]xn ;]jg, nfu' kbfy{ ;]jg, cf}iflw b'?kof]u, Aofofd, cf/fd, ;Gt'Int cxf/sf] cflb efu /fv/ Kofs]h\ agfo/ k|f]h]S6 agfpg ;lsg] ;'emfj lbg' eof] .



- bf];|f] ;];gdf of]u]Gb| 9^au]nn] g]kfnf vfB k|bfy{sf] u'0f:t/ k|0ffnL / vfB k|bfy{sf] u'0f:t/sf] cj:yf ;DaGwL @ 306f ;];g ;Grfng ug'{ ePsf] lyof] . o; ;];gdf zxefuLx?n] a"9fgLns07 gu/kflnsfdf vfB u'0f:t/ Joj:yfkg ug{sf] nflu cfPsf ;d:ofx? ;DaGwL 5nkmn ePsf] lyof] . sf7df08f}sf] vfB k|bfy{ lgDg u'0f:t/df kfOPsf] / o;tf] cj:yfdf ;'wf/ ug{sf] nflu ;DalGwt lf]q ;+usf] ;xof]u lno/ vfB k|bfyx?sf] hfFr ug]{ / sd u'0f:t/sf] vgfaf6 :jf:Yodf kg{ ;Sg] c;/x?, vfB k|bfy{x?sf] ;/;kmfO{, vfB k|bfy{x?df cvfB k|bfy{x?s}f ld;fj6 cflb laifodf hg :jf:Yo sfo{s|dsf] of]hgf th{df / sfo{Gjog ug{ ;lsg] ;emfj lbg' eof]



- t];|f]];gdf clws ?kdf ;xefuLnfO{ 5nkmndf ;xefuL x'g] cj;/ k|bfg ul/Psf] lyof] / o:sf] nflu ;xeflux?nfO{ @ ;d'xdf ljefhg ul/Psf] lyof], ! skg zx/L :jf:Yo kljw{g s]Gb| / @ skg zx/L :jf:Yo kljw{g s]Gb| . 5nkmnsf] laifo zx/L :jf:Yo kljw{g sfo{ljlw,@}&# lyof] . 5nkmnaf6 sd{rf/Lx?n] sfo{ljlwsf] /fd|f] s'/f, sDhf]l/kg, ;fdfgf ug'{ k]/sf r'gf}tLx? / ;d:ofx?nfO{ s]nfP/ o:sf] lg/fs/0fsf] pkfo nflu vf]Hg]df hf]8 ul/Psf] lyof] .



t];|f] lbg

- o; lbg sf] ;'?)ft k|:t'tLs/0faf6 ePsf] lyof] . ba} ;d'xn] cl3Nnf] lbg u/]sf] 5nkmndf kfO{Psf aF'bfx? k|:t't ug{' ePsf] lyof] . k|:t'tLs/0f ;];gdf a"9fgLns07 gu/kflnsfsf gu/ k|d'v klg pkl:yt x'g'x'GYof] . k|:t'tLs/0fdf zx/L ;jf:Yo kljw{g sfo{ljlw,@)&# sf] /fd|f / g/fd|f klfx? / cfO{k/]sf ;d:ofx?sf] ;dfwfgsf] nflu cfkm\gf ;'emfjx? k|:t't u/]sf lyP .





- bf];|f\]];gdf k|f]=8f=aGbgf k|wfgn] cg';Gwfg ;DaGwL ;];g lng' ePsf] lyof] .
 :jf:Yo ;d:ofsf] sf/s tTj, ;d:ofsf] kl/df0f, rfk / km}nfj6 kQf nufpg :jf:Yo kljw{g
 s]Gb\n] cg';Gwfg sfo{s|d klg lgoldt s[ofsnfkdf /fVg' k5{ . s'g} klg ;+rflnt
 :jf:Yo sfo{s|dsf] k|efasf]/tfsf] d'Nof+sg ug{sf] nflu cg';Gwfg ug'{ kb{5 .
 To;}n] zxl/ :jf:Yo kljw{g s]Gbdf sfo{/t sfo{stf{x?nfO{ cg';Gwfgsf] dxTj,
 cg';Gwfgsf] k|s[ofsf] af/]df hfgsf]/ x'g h?l/ 5 . 8f= aGbgfn] cg';Gwfgsf]
 k|:tfjgf agfpg] tl/sfsf], tYof+s ;+sng ug}{ tl/sf, tYof+s ;+sng ug{sf] nflu
 k|of]u ug{ ;lsg] ;dfdu|x?sf] af/]df 5nkmn ug'{ eof] .



- t];|f] ;];gdf lutf k'gn] ;d'bfo :jf:Yo lgbfg / cfof]hgf ljsf; ;DaGwL 5f]6f] k|:t'tL lbg' ePsf] lyof] . o; ;];gdf :jf:Yo kljw{g s]Gbn] “;d'bfo :jf:Yo lgbfg” af6 cfkm\gf] Sofrd]G6 lf]qsf] x]Ny k|f]kmfO{n tof/ ug'{ kg}{ ;'emfj lbg' eof] . ;d'bfo :jf:Yo lgbfg tyf cg';+wfgaf6 k|fKt lgisif{sf}] cfwf/df :jf:Yo ;d:ofx? jf cfaZostfx?sf] k|fyldstf lgwf{/Of u]/ cfof]hgf ljsf; -project development) ug'{ kg}{ x'G5 . k|fyldstf lgwf{/Of ug}{ cfwf/x?sf] af/]df klG 5nkmn ePsf] lyof] . o; nut} ;Dk'Of{ ;xefuLx?nfO{ @ ;d'x agfO{ s'g} Ps :jf:Yo ;d:ofdf cfof]hgf -k|f]h]S6_ agfpg] sfo{ lbOPsf] lyof] / ;xefuLx? 5nkmndf h'6]sf lyP .



- b"a} ;d'xn] #) ldg]6sf] 5nkmn kl5 cf - cfkm\gf] k[f]h]S6 k|:t't u/]sf lyP .





\$= sfo{s||dsf} lgzsf{ / l;kmfl/;

\$=! lgzsf{

of]hgf th{df cg'zf/ sfo{s|d ;DkGg eof] . ;xeflux? ;dodf pkl:ytL gx'gfn] / ;do
 cufI8 tflndaf6 lx8]sf] x'gfn] sfo{s|dsf] d'Nof+sg ug{ ;lsPg . ;xeflux?af6
 tflndsf] cfaZostf dxz'; u/]tf klg ;dosf] cefj / AolQmut ;d:ofn] tflnddf s]lGb|t
 x'g g;s]sf] kfO{of] . tflndsf] ! dlxgf kl5 ;[li6n] k[i7kf]if0faf6 tflndsf]] pknIAw
 d'Nof+sg ug]{ lgOf{o ul/of] .

\$=@= ;'emfjx?

zxl/ :jf:Yo klj4{g s]Gb|sf] cjwf/0ff cfhsf] cfaZostf kl/xfo{ 5 . o;sf] k|efjsf|/
 :yfkf / ;+rfngsf] nflu zxl/ :jf:Yo klj4{g s]Gb|sf] sfo{lawL @)&#sf] ulx/f]
 cWoog / ;d'xsf] 5nkmnaf6 cfosf] lgzsf{sf] k|:t'Its/Ofsf] cfwf/df **zxl/** :jf:Yo
 klj4{g s]Gb|, hg :jf:Yo zfvf / gu/kflnsfsf] nflu{ lgDg ;'emfjx? tof/ lbO{Psf] 5

s_ zxl/ :jf:Yo k|j4{g s]Gb|,

- x]Ny kf]:6sf] sfo{x?nfO{ zxl/ :jf:Yo k|j4{g s]Gb|sf] sfo{lawL ;+u Plss[Its u/] / aflif{s sfo{s|d agfpg]
- x]Ny kf]:6sf] :6fkm / zxl/ :jf:Yo k|j4{g s]Gb|sf] :6fkmsf] e'ldsf / lhDd]jfl/sf] k'gu{7g ug]{
- ;fwg ;f]tsf] plrt pkof]u u/] / :jf:Yo ;j]f k|afx ug{sf] nflu x]Ny kf]:6nfO{ zxl/ :jf:Yo k|j4{g s]Gb|df ckul]8 ug{sf] nflu hg :jf:Yo zfvfnfO{ k|s[of a9fpgsf] nflu cg'/f]w ug]{

v _ hg :jf:Yo zfvf

- zxl/ :jf:Yo k|j4{g s]Gb|nfO{ zx/L :jf:Yo k|a4{g sfo{lj|w, @)&# df cfwfl/t aflif{s sfo{s|d agfpbf /f]usf] /f]syfd / :jf:Yo k|j4{g ;DalGw sfo{s|dnfO{ klg a/fa/ dxTj lbg]
- x]Ny kf]:6 / :jf:Yo k|j4{g s]Gb|sf] sfo{s|dnfO{ Plss[t ?kdf ;+rfng ug]{ / o;sf] nflu x]Ny kf]:6 / :jf:Yo k|j4{gsf s]Gb|sf :6fkmsf] klg Plss[t ?kdf ;+rflnt x'g' ug]{ .
- :jf:Yo k|j4{g s]Gb|sf] sfo{lalwdf :jf:Yo k|j4{g ;DalGw w]/} gofF sfo{ ug}'{ kg]{ ePsf]n] :6fkmsf] lfdtdf clea[l4 ug{sf] nflu aflif{s sfo{s|ddf tflnd ;dfa]z ug]{ ;fy} aflif{s sfo{s|ddf ;d'bfo :jf:Yo lg?kg / cg';+wfg s[ofsnfknfO{ ;dfa]z ug]{
- zxl/ :jf:Yo k|j4{g s]Gb|nfO{ ;s/fTds / pkn|Aw d'ns ;'kl/a]lf0f nflu :jf:Yo ;j]f laefu ;+u ;dGjo ug]{
- x]Ny kf]:6nfO{ zxl/ :jf:Yo k|j4{g s]Gb|df ckul]8 ug{sf] nflu k|s[of z'? ug{' kg]{

u_ a'9flgns07 gu/kflnsf

- zxl/ :jf:Yo k|j4{g s]Gb|nfO k|efjsf/ ?kdf :yflkt ug{sf] nflu x]Ny kf]:6nfO{ zxl/ :jf:Yo k|j4{g s]Gb|df ckul]8 ug{sf] nflu k|s[of z'? ug{ zxl/ :jf:Yo k|j4{g s]Gb| / hg :jf:Yo zfvf nfO{ ;xof]u ug]{

- zxl/ :jf:Yo klj4{g s]Gb|nfO{ aflif{s sfo{s]d agfpbf gu/kflnsf :t/sf] :jf:Yo lgtLsf] nlf, p2]Zo sf] cfwf/df agfpg' kg]{ ePsf]n] a'9flgns07 gu/kflnsfn] :jf:Yo lgtL agfpg' kg]{
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Work plan

Program: Health Promotion Strengthening training
Place: Public Health Section, Ghumti Budhanilkanth Municipality
Date: 2076/06/5

Time	Activities	Resource person	Remarks
9.00-9.30	Registration and refreshment Tea/ biscuits	SHRISTI- Kabita Thapa, Pratima Bhandari	
9.30-10.00	Formal program - Welcome - Dignitaries taking seat - Remarks about program Coordinator Public health Section, Mayor of Budanilkantha Municipality Chairperson of SHRISTI,	Ms Makhan Pun	
10.00-10.15	Welcome and objective of program	Ms Shanta Maya Gurung	

10.15-11.15	Presentation of Urban health promotion center (UHPC) guidelines	Mr Dhrub Adhikari	
11.15-12.15	Group Discussion on existing organizational structure Group presentation – <ul style="list-style-type: none"> • Strength • weakness • Recommendation (UHPC structure) 	Mayor, Deputy Mayor Coordinator Public health SHRISTI	
12.15-1.00	Common health problems in urban cities Health risk factors Concept of health promotion	Ms Gita Pun	
100-1.30	Break and refreshments	SHRISTI Kabita Thapa, Pratima Bhandari	
1.30-3.30	Environmental health status of urban and semi urban areas Important risk - environmental factors to health Risk assessment Risk reduction measures Role of urban health promotion center	Prof.Dr Bandana Pradhan	
3.30-4.00	Tea Summary	Kabita Thapa, Pratima Bhandari	
Date: 2076/06/6			
9.00-10.00	Registration and refreshments	Kabita Thapa, Pratima Bhandari	
10.00-10.30	Review of previous sessions	Kabita Thapa	
10.30-12.30	Food quality status in urban and semi urban cities Important risk factors affecting food quality Risk assessment Risk reduction measures Role of urban health promotion center	Mr.Yogendra Dhungel	
12.00-1.00	Lifestyle and health Lifestyle related diseases- vulnerable group Role of urban health promotion center	Ms Shanta Asthani Ms Shanta Maya Gurung	
1.00- 1.30	Break and refreshments		
1.30-2.30	Community health diagnosis for identification of health problems and key areas for interventions of health needs/promotion Prioritization	Ms Gita Pun	
2.30-3.30	Introduction of Research work Types of research Importance of research work in health promotion	Prof. Dr. Bandana Pradhan	
3.30-4.00	Tea Summary	Kabita Thapa	
Date 2076/06/7			
9.00-10.00	Registration and refreshments	Kabita Thapa,	

		Pratima Bhandari	
10.00-10.30	Review of previous sessions	Kabita Thapa	
10.30-11.30	Program planning in health promotion	Gita Pun/Bandana Pradhan	
11.30-1.00	Group work and presentation Group division (4 or 5 person in each group) Group project development (technical and financial)	Kabita Thapa/ Makhan Pun/	
1.00-1.30	Break and refreshments	Kabita Thapa, Pratima Bhandari	
1.30-3.00	Group presentation	Mayor/Coordinator Public health, Pro. Dr. Bandana Pradhan	
3.00-3.30	Closing	Remarks about program by Participants, coordinator Public health, Mayor	

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